SANDBURG

activities - clubs - athletics

GUIDEBOOK

Sandburg

Activities

★ FALL PLAY ★ SPRING MUSICAL ★

JOIN SANDBURG THEATER

INFORMATIONAL MEETING TUESDAY, AUGUST 31 IN ROOM 131

QUESTIONS? EMAIL MRS. LARSEN
ELARSEN@ELMHURST205.ORG

★ ACTORS ★ STAGE CREW ★ COSTUME CREW ★

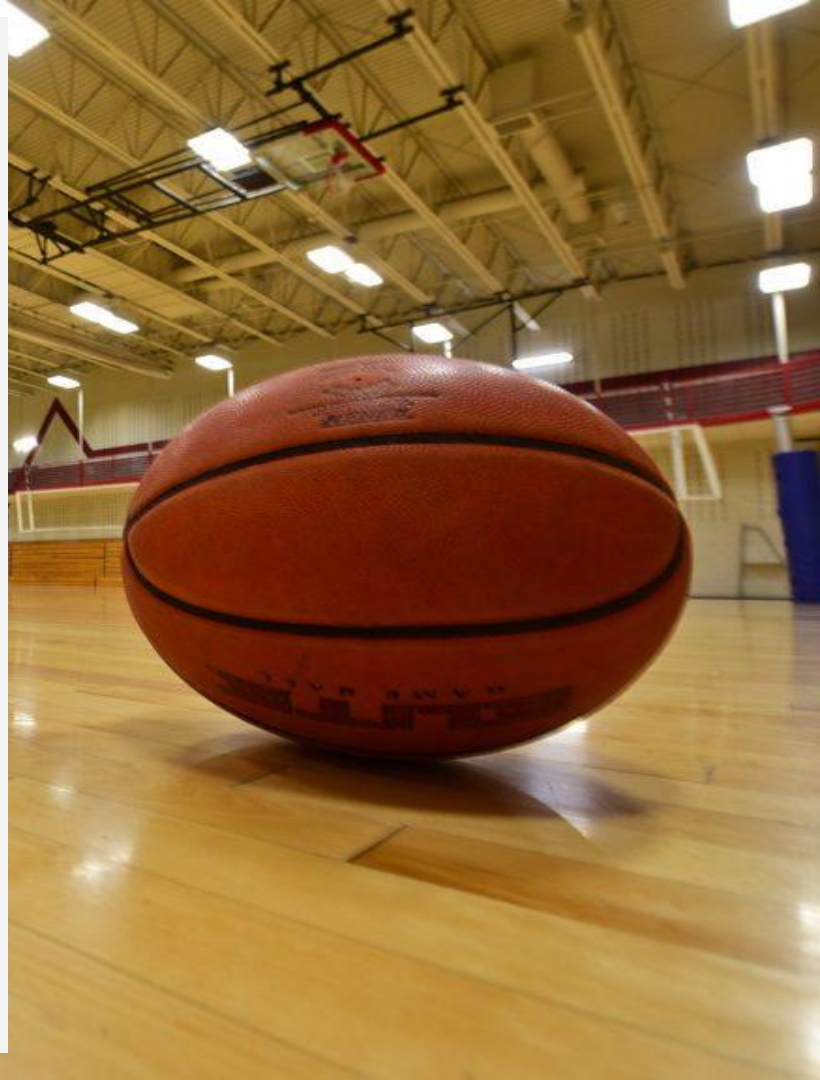
Intramurals

Intramurals are open to all students. Leagues form 4 times per year.

When: Mondays and Wednesday after school from 3:30 to 4:30 (Late Bus is provided if needed)

Who: Any grade level

Activities: Fall - Soccer
Winter session 1 - Basketball
Winter session 2 - Floor Hockey
Spring - Dodgeball



Sandburg

Clubs

Student Council-All Grades Welcome!!

*Spirit Day's

*Community volunteer

*Leadership

*School Improvement

*FUN!!!!!!

What: A club for chess players of any skill level to compete with peers and learn new strategies. You can also compete in the district competition in the spring (pending confirmation), but this is not mandatory.

When: Informational meeting after school on Thursday, Sept. 9th, then every Thursday 3:25-4:25 thereafter.

Where: Room 215

Who: Facilitated by Mr. Grosso, sixth grade math teacher.

Yearbook

Open to all students

Meets once a week after school through April.

Responsibilities include:
-taking pictures
-designing pages
-picking colors, fonts, and backgrounds, etc.

See Mrs. LaPenna in room 212 for more info

Superhero Club

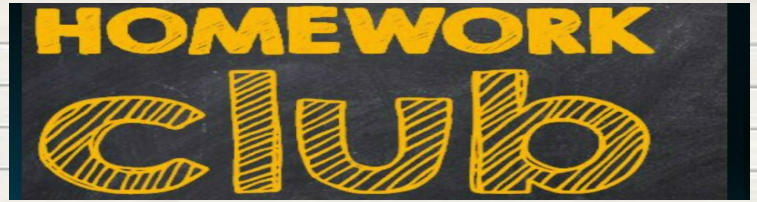
Do you enjoy saving the world? Do you dream of ruling the galaxy? Then Superhero Club is for you! We enjoy stop action animation, drawing our own characters, making up superhero games and using Legos for our creations. Bring your imagination, creativity and fun!!

WHEN: Tuesday's after school in the Makerspace Room

Sponsor: Dr. Emrikson - cemrikson@elmhurst205.org

Nature Club

- **Open to all students**
- **Meets every other Thursday after school**
- **Care for our aquarium and terrarium pets**
- **Indoor and outdoor plantings**
- **Nature crafts**
- **Mrs. Wallace club sponsor room 225**
- **nwallace@elmhurst205.org**



What: After school homework and academic assistance

Where: Room 111 - with Ms. Padberg

When: 3:40 - 4:35 MONDAY through FRIDAY

Who: This club is open to **all** Sandburg students!

When: You can set up **permanent** days OR you can drop by any day you need extra help or just want a quiet place to work.

Who provides academic assistance?

Ms. Padberg and high school student tutors from York's National Honor Society.

How do I get home?

The late bus picks up at 4:30 OR you can walk, bike, or get picked up when you're done with your work for the day.

More Questions?

Please talk to Ms. Padberg (Room #111) or email ***kpadberg@elmhurst205.org***

Fitness Club

Join Mrs. Hidalgo to have fun and get fit every Tuesday and Thursday from November to March.

- ★ Learn how to safely use cardio and weight equipment
- ★ Play Wii fit games
- ★ Watch movies and listen to music while you work out
- ★ Meet new friends!

SewFun! Sewing Club

Most **Wednesdays** after school in FCS room 005 from 3:30 to 4:25 (late bus)

Open to all Sandburg students; join us!

Learn hand-sewing and explore fiber arts like macrame, embroidery, quilting and more.

Create crafts like keychains, quilt pillows and small wall hangings.

September 8th information meeting after school in room 005 (FCS Sewing Lab).

Email Mrs. Provost at lprovost@elmhurst205.org if you have any questions.

COMMUNITY ★ FRIENDSHIP ★ EQUALITY

JOIN SANDBURG'S G.S.A.

(Genders & Sexualities Alliance)

★ **WHAT:** Creating a shared understanding of all people while tackling social justice issues & giving back to others

★ **WHEN:** begins Thursday, September 9th

★ **TIME:** 3:35 - 4:30 pm

★ **WHERE:** Room 131

★ **WHO:** ALL HUMANS ARE WELCOME!

All Questions can be directed to:

Mrs. Larsen & Mrs. Wiggins

elarsen@elmhurst205.org

ewiggins@elmhurst205.org

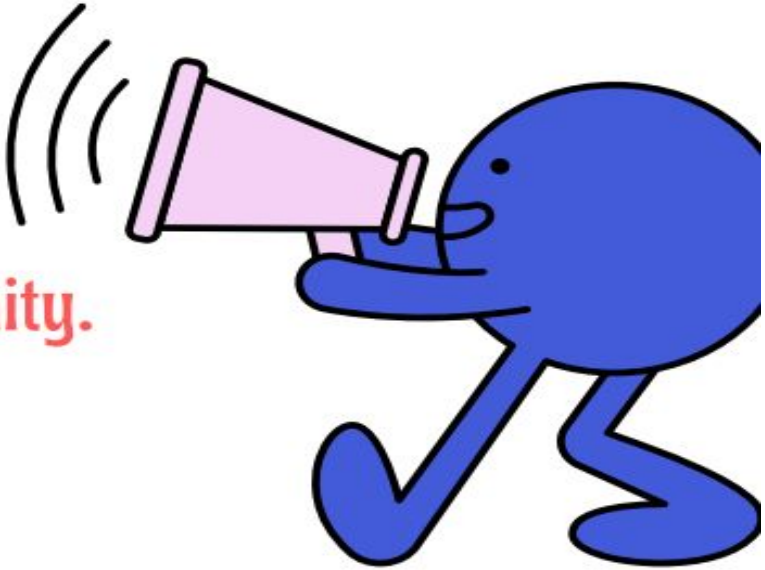
★ ★ ★ ★ ★ ★

Check out our club's website located on the Sandburg Middle School page!

ACTIVISM CLUB

Explore recent and important topics that affect our world, our country & our community.

Discuss. Plan.
Involve. Inform.



MEETINGS: TUESDAYS AFTER SCHOOL, room 029

Questions? See Mrs. Frederick (211) or Mrs. Krizmanic (029)

Spelling Bee and Geography Bee contests

Open to all 6th, 7th, and 8th grade students

What you need to know:

- Sign up with Mrs. Fehrenbacher to participate in the spelling or geography bee
- Meet new friends who are interested in spelling and/or geography
- Spelling and Geography bees are held after school
- You will get spelling lists to study
- You can attend Geography bee practices that prepare you for the bee
- Questions?? See Mrs. Fehrenbacher

Sandburg

Athletics

Cross Country

- ★ Season runs from the middle of August to the end of September
- ★ Open to ALL grade levels (it's the only sport 6th graders can participate in!!)
- ★ ALL ability levels welcome
- ★ Practices after school from 3:30-5:00
- ★ See the Sandburg Cross Country Website for more information

7th Grade Girls 2019

8th Grade Boys 2019

3 Time Champions!!

8th Grade Girls 2019

3 Time Champions!!

6th Grade Girls 2019

Ladies Basketball

- ★ Open to 7th and 8th graders.
- ★ Tryouts are typically the last week of September.
- ★ You must have a physical on file to tryout.
- ★ Season runs from the end of September to the end of November.
- ★ There is a practice or game everyday after school during the season.
- ★ Coaches: Mrs. Morser (7th Grade) and Mrs. Bevly (8th Grade)
- ★ For additional information visit the Sandburg Ladies Basketball Website.

BOYS BASKETBALL

- ★ Open to 7th and 8th graders.
- ★ Tryouts are after the girls season- usually around Thanksgiving
- ★ You must have a physical on file to tryout.
- ★ Season runs from December through the end of January
- ★ There is a practice or game everyday after school during the season.
- ★ Coaches: Mr. Collins (7th Grade) and Mr. O'Connor (8th Grade)
- ★ Visit Sandburg Boys Basketball for the latest information

Boys & Girls Volleyball

When: Tryouts are typically the first week of February.

If you make the team practices are every day after school except on game days.

Who: 7th and 8th Grade Girls and Boys

Coaches: Mrs. Napper-7th Grade Girls

Mrs. Wiggins-7th Grade Boys

Mrs. Morser- 8th Grade Girls

Mr. O'Connor- 8th Grade Boys

Fee: $100 if you make the team

Track and Field

When: Season starts in early April and practice are everyday after school from 3:25-4:25.

There are typically 4 or 5 meets throughout the season

Who: 7th and 8th Grade Girls/Boys interested in competing in running, jumping and field events

Coaches: Mrs. Napper, Mr. Collins, Mr. Kroger, Mrs. McElligot and Mr. O'Connor

Fee: $30